

Meeting: Well-Being Partnership Board

Date: 25 February 2010

Report Title: Joint Mental Health and Well-Being Strategy

Report of: Lisa Redfern, Assistant Director, Adult Services and Commissioning, Haringey Council and Liz Rahim Director Mental Health Commissioning NHS Haringey

Purpose

This report provides an update on the Joint Adult Mental Health Partnership Strategy – *‘Moving Forward’* – 2010-2013, developed by Haringey Council and NHS Haringey and it also proposes the consultation timescales.

Summary

This Joint Adult Mental Health Strategy has been developed following a stakeholder consultation event in April 2008, with further engagement of stakeholders undertaken Mental Health Partnership Board meetings and other fora.

Our 2005 Joint Mental Health Strategy resulted in some specific service improvements, in particular, more comprehensive primary and community mental health services and additional psychological treatment and support. The aspirations of our last strategy remain relevant and contribute to the shared vision for adult mental health services in Haringey.

The timing of the new strategy has been strongly influenced by the publication of [‘New Horizons: towards a shared vision for mental health’](#) October 2009.

This paper summarises the vision of the Joint Adult Mental Health Strategy, and a proposed a consultation time-table.

Legal/Financial Implications

The strategy incorporates policy changes since 2005 when the previous joint adult mental health strategy was approved, and follows a period of ongoing consultation with stakeholders starting with a consultation event in April 2008.

The strategy contains details outlining the modernisation of mental health services through the remodelling of services across the whole client /patient pathway which will have resource implications, including investment in community based care services across health and social care through disinvestment in institutional based care (hospital and residential care home) as appropriate to need. Key to the success of the strategy is good quality

service delivery within available resources.

Recommendations

- i. That the Well-being Partnership Board notes the Joint Adult Mental Health Strategy 2010-2013; and endorses the approach to engagement with stakeholders.
- ii. That the finalised strategy is brought back to the Well-being Partnership Board in Summer 2010.

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Background:

The vision statement set out in the draft strategy is to improve the mental health and well-being of people in Haringey, by ensuring we commission comprehensive, integrated and personalised services. Our vision is to:

- Support people in maintaining good mental health and wellbeing
- Give people the maximum support to live full, positive lives when they are dealing with mental health problems
- Help people to recover as quickly as possible from mental illness.

The key themes underpinning this vision are:

- Personalised care, Prevention, Well-being and Access
- Commissioning world class acute mental health services with more community based care
- Ensuring the right accommodation and the right time.

The strategy sets out priorities for the three year period from April 2010, and includes work already underway in 2009/10. These priorities will build on current successes in how we deliver mental health services in Haringey.

The strategy recognises the need to shift the balance of care from institutional settings to community based services, and ensuring community services are available and responsive to the needs of the residents of Haringey. The central planks to delivering a successful strategy from 2010-2013 include:

- Improved access to rehabilitation and recovery;
- Improved access to education and employment through remodelled day opportunities;
- Personalised mental health services – Adult Services will be starting a pilot project in 2010/11, including self assessment, personal budgets and support planning; and

- Less reliance on residential and nursing care, with improved access to supported and general needs housing, working with Supporting People funded specialist floating support services to ensure move-on to independent living.

This will be supported and underpinned by a rolling programme of strategic needs assessments (led through the Joint Strategic Needs Assessment Steering Group), including reviewing the mental health needs of BME communities, including newly arrived communities, and understanding the impact of transition (from Children to Adults Services). Public Health are finalising the detailed needs assessment with a publication date planned for March 2010, which will be incorporated into the finalised joint strategy. Some of the key recommendations that have emerged from this needs assessment include:

- Primary care – improving interface with secondary care, including developing an education and support role in secondary services
- Improve awareness, diagnosis and treatment of older people with dementia and other mental health issues, such as depression
- Develop a directory of services, to include social care, health, third sector, and housing; as well as improve on quality assurance mechanisms in monitoring services
- Improve information about the number and flow of refugees, asylum seekers and irregular migrants, and ensure statutory and third sector providers have an understanding of the cultural needs of such groups.
- Spirituality – improve the understanding of spiritual / religious needs of people who use services
- Improve data quality and collection across statutory organisations

Other detailed needs assessments will be key to the re-shaping of services in the future.

The New Horizons strategy covers a number of areas to better address people's mental health and well-being and these include:

- Making everyone's mental well-being better;
- Helping everyone to understand mental health problems and not to treat people with mental health problems unfairly;
- Spotting mental health problems early;
- Providing services and treatments in ways that meet people's individual needs;
- Working with councils, the NHS and others to make sure people get services that look after all their needs;
- Making it easier for young people to keep getting help after they are 18;
- Carry on making services better and using resources effectively; and
- Making it easier for people to find and get the help they need.

Key Issues for Consideration:

Engagement on the strategy is necessary to ensure stakeholders are further consulted regards the borough's strategic direction due to the length of time

since the strategy was first consulted on in April 2008. The strategy in draft has been discussed at the Mental Health Partnership Board in October 2009, and the mental health needs assessment led by Public Health has also consulted with services users in December 2009, as well as with third sector partners in January 2010.

The timescales for further engagement are set out below:

- February 2010 – presented to Well-being Partnership Board
- March 2010 – Mental Health Partnership Board
- March / April 2010 – NHS Haringey Board and Council's cabinet
- May / June 2010 – Delivery Plan developed
- Autumn 2010 Well-being Partnership Board

Possible areas of contention:

It is recognised and acknowledged that residents, mental health service users and their carers, as well as third sector partners have historically been concerned about the way in which NHS Haringey and the Council work towards achieving the broad strategic aim of modernising mental health service by shifting the balance of care from institutional settings to primary and community based settings. Commissioners need to work through proposals with service users and carer groups to understand their concerns. This includes working with Overview & Scrutiny Committee to ensure that there is confidence of changes we propose; particularly that there is capacity in community services as we move away from more traditional models of care.

The strategy also gives a high level outline of plans by the Council's Adult Services to roll out personal budgets in mental health services, from Spring 2010 with a pilot. It is expected that the pilots will begin to shape not only the way traditional social care is delivered for mental health users and their carers, but also how day opportunities are shaped in the future including services delivered by the Council, NHS Haringey and third sector.

Areas where the Board can Shape / Influence:

The Well-being Partnership Board members represent a wide range of statutory and non-statutory organisations and a wide range of voluntary sector and community organisations. The success of delivering the proposals in the joint adult mental health strategy is dependent on good ownership from all key stakeholders so that the objectives of the strategy can be fully realised. Continuing to reduce fragmentation in service planning and delivery is vital in order to deliver prevention, recovery and well-being to people with mental health issues.

The Well-being Partnership Board can also promote and support joint planning around reinvestment in community resources

Use of Appendices:

Joint Adult Mental Health & Wellbeing Strategy